

**SPRINGFIELD PUBLIC SCHOOLS
SECONDARY BIC
DECEMBER 2021**

Monday	Tuesday	Wednesday	Thursday	Friday
11/29	11/30	12/1	12/2	12/3
Spiced Apple Muffin OR Assorted Cereal Giant Goldfish Cracker Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Egg & Cheese on Croissant OR Whole Wheat Bagel with Cream Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Lemon Poppyseed Muffin OR Assorted Cereal Granola Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Pancakes with Spiced Apples OR Whole Wheat Bagel with Cream Cheese with Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Pork Sausage & Cheese on Waffle OR Assorted Cereal String Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
12/6	12/7	12/8	12/9	12/10
Banana Chocolate Chip Muffin OR Assorted Cereal Local Granola Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Breakfast Taco Bowl with Corn Tortilla OR Whole Wheat Bagel with Cream Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Carrot Cake Muffin OR Assorted Cereal Lemon Blueberry Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Yogurt Parfait with Granola & Blueberries OR Whole Wheat Bagel with Cream Cheese with Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Canadian Bacon & Cheese on English Muffin OR Assorted Cereal String Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
12/13	12/14	12/15	12/16	12/17
Blueberry Muffin OR Assorted Cereal Giant Goldfish Cracker Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Pork Sausage & Cheese on Maple Waffle Flatbread OR Whole Wheat Bagel with Cream Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Pumpkin Spice Muffin OR Assorted Cereal Granola Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	French Toast Sticks with Pork Sausage Links OR Whole Wheat Bagel with Cream Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Egg & Cheese on Croissant OR Assorted Cereal String Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
12/20	12/21	12/22	12/23	12/24
Holiday Spice Muffin OR Assorted Cereal Local Granola Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Chef's Choice OR Whole Wheat Bagel with Cream Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Chef's Choice OR Assorted Cereal Lemon Blueberry Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Chef's Choice OR Whole Wheat Bagel with Cream Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	NO SCHOOL
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES			Menu items are subject to change	

Springfield Secondary Schools
Week of November 29 – December 3

Monday	Tuesday	Wednesday	Thursday	Friday
Smokehouse Chili Fries with Peas & a Cheddar Corn Muffin	Fiesta Chicken Bowl with Carrot Sticks	Chicken Nuggets with Dinner Roll, Fries & Baked Beans	Creamy Chicken Broccoli Alfredo with Zucchini Coins	Deep Dish Cheese Pizza with Grape Tomatoes & Carrot Sticks
Chicken Patty with Zucchini Coins & Carrot Sticks	Cheeseburger with Carrot Sticks & Broccoli Florets	Chicken Patty with Grape Tomatoes & Zucchini Coins	Cheeseburger with Zucchini Coins & Broccoli Florets	Chicken Patty with Grape Tomatoes & Carrot Sticks
Available Daily: Sunbutter & Jelly, Chilled Pears, Assorted Fresh Fruit				
CHOICE OF CHOCOLATE or 1% WHITE				
<i>Menu Items are Subject to Change</i>				

Week of December 6 - 10

Monday	Tuesday	Wednesday	Thursday	Friday
Hot Dog with Beans and Fries	Sweet & Sour Chicken with Veggie Fried Rice & Green Beans & Carrots	Classic Nacho Plate with Grape Tomatoes and Zucchini Coins	Baked Mac & Cheese with Ritz Cracker Topping, Seasoned Peas & Applesauce and Broccoli Florets	Deep Dish Cheese Pizza with Grape Tomatoes & Carrot Sticks
Chicken Patty with Zucchini Coins & Carrot Sticks	Cheeseburger with Carrot Sticks & Broccoli Florets	Chicken Patty with Grape Tomatoes & Zucchini Coins	Cheeseburger with Zucchini Coins & Broccoli Florets	Chicken Patty with Grape Tomatoes & Carrot Sticks
Available Daily: Sunbutter & Jelly, Chilled Mixed Fruit, Assorted Fresh Fruit				
CHOICE OF CHOCOLATE or 1% WHITE				
<i>Menu Items are Subject to Change</i>				

**Springfield Secondary Schools
Week of December 13 - 17**

Monday	Tuesday	Wednesday	Thursday	Friday
General Tso Chicken, with Veggie Fried Rice, Ginger Carrots & Cauliflower	Chicken with Gravy, Roasted Root Veg, Dinner Roll & Cranberry Sauce and Carrot Sticks	Buffalo Chicken Nacho Plate with Grape Tomatoes and Zucchini Coins	Pasta with Meat Sauce & Mozzarella Cheese & Zucchini Coins	Deep Dish Cheese Pizza with Grape Tomatoes & Carrot Sticks
Chicken Patty with Zucchini Coins & Carrot Sticks	Cheeseburger with Carrot Sticks & Broccoli Florets	Chicken Patty with Grape Tomatoes & Zucchini Coins	Cheeseburger with Zucchini Coins & Broccoli Florets	Chicken Patty with Grape Tomatoes & Carrot Sticks
Available Daily: Sunbutter & Jelly, Chilled Peaches, Assorted Fresh Fruit				
CHOICE OF CHOCOLATE or 1% WHITE				
<i>Menu Items are Subject to Change</i>				

Week of December 20 - 24

Monday	Tuesday	Wednesday	Thursday	Friday
Crispy Chicken Bowl with a Dinner Roll	Chef's Choice	Chef's Choice	Chef's Choice	NO SCHOOL
Chicken Patty with Zucchini Coins & Carrot Sticks	Cheeseburger with Carrot Sticks & Broccoli Florets	Chicken Patty with Grape Tomatoes & Zucchini Coins	Cheeseburger with Zucchini Coins & Broccoli Florets	
Available Daily: Sunbutter & Jelly, Chilled Applesauce, Assorted Fresh Fruit				
CHOICE OF CHOCOLATE or 1% WHITE				
<i>Menu Items are Subject to Change</i>				