

SPRINGFIELD PUBLIC SCHOOLS

Secondary BIC

January 2022

Monday	Tuesday	Wednesday	Thursday	Friday
1/3	1/4	1/5	1/6	1/7
Spiced Apple Muffin OR Assorted Cereal Giant Goldfish Cracker Craisins 100% Juice 1% or Fat Free Milk	Pancakes with Spiced Apples OR Whole Wheat Bagel with Cream Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Lemon Poppyseed Muffin OR Assorted Cereal Granola Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	NO SCHOOL	Pork Sausage & Cheese on Maple Waffle Flatbread OR Assorted Cereal Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
1/10	1/11	1/12	1/13	1/14
Banana Chocolate Chip Muffin OR Assorted Cereal Local Granola Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Breakfast Taco Bowl with Corn Tortilla OR Whole Wheat Bagel with Cream Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Carrot Cake Muffin OR Assorted Cereal Lemon Blueberry Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Blueberry Yogurt with Granola OR Whole Wheat Bagel with Cream Cheese with Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Canadian Bacon & Cheese on English Muffin OR Assorted Cereal Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
1/17	1/18	1/19	1/20	1/21
NO SCHOOL	Waffle & Pork Sausage OR Whole Wheat Bagel with Cream Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Blueberry Muffin OR Assorted Cereal Granola Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	French Toast Sticks with Pork Sausage OR Whole Wheat Bagel with Cream Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Egg & Cheese on Croissant OR Assorted Cereal Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
1/24	1/25	1/26	1/27	1/28
Gingersnap Muffin OR Assorted Cereal Local Granola Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Chef's Choice OR Whole Wheat Bagel with Cream Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Pancakes with Spiced Apples OR Assorted Cereal Lemon Blueberry Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Blueberry Yogurt with Granola OR Whole Wheat Bagel with Cream Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Canadian Bacon & Cheese on English Muffin OR Assorted Cereal Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES			Menu items are subject to change	

Springfield Secondary Schools
Week of January 3 – January 7

Monday	Tuesday	Wednesday	Thursday	Friday
Deep Dish Cheese Pizza with Grape Tomatoes & Carrot Sticks	Fiesta Chicken Bowl with Carrot Sticks	Chicken Nuggets with Dinner Roll, Fries & Baked Beans	NO SCHOOL	Smokehouse Chili Fries with Peas & a Cheddar Corn Muffin
Chicken Patty with Grape Tomatoes & Carrot Sticks	Cheeseburger with Carrot Sticks & Broccoli Florets	Chicken Patty with Grape Tomatoes & Zucchini Coins		Chicken Patty with Zucchini Coins & Carrot Sticks
Available Daily: Sunbutter & Jelly, Chilled Pears, Assorted Fresh Fruit				
CHOICE OF CHOCOLATE or 1% WHITE				
<i>Menu Items are Subject to Change</i>				

Week of January 10 - 14

Monday	Tuesday	Wednesday	Thursday	Friday
Hot Dog with Fries & Baked Beans	Shepherd's Pie with Dinner Roll & Blueberry Crisp	Classic Nacho Plate	Baked Mac & Cheese with Ritz Cracker Topping, Seasoned Peas & Applesauce and Broccoli Florets	Deep Dish Cheese Pizza with Grape Tomatoes & Carrot Sticks
Chicken Patty with Zucchini Coins & Carrot Sticks	Cheeseburger with Carrot Sticks & Broccoli Florets	Chicken Patty with Grape Tomatoes & Zucchini Coins	Cheeseburger with Zucchini Coins & Broccoli Florets	Chicken Patty with Grape Tomatoes & Carrot Sticks
Available Daily: Sunbutter & Jelly, Chilled Mixed Fruit, Assorted Fresh Fruit				
CHOICE OF CHOCOLATE or 1% WHITE				
<i>Menu Items are Subject to Change</i>				

Springfield Secondary Schools
Week of January 17 - 21

Monday	Tuesday	Wednesday	Thursday	Friday
NO SCHOOL	Turkey with Gravy, Roasted Root Veg, Dinner Roll & Cranberry Sauce and Carrot Sticks	Buffalo Chicken Nacho Plate	Baked Ziti with Meatballs, Steamed Green Beans & Garlic Dinner Roll with Zucchini Coins	Deep Dish Cheese Pizza with Grape Tomatoes & Carrot Sticks
	Cheeseburger with Carrot Sticks & Broccoli Florets	Chicken Patty with Grape Tomatoes & Zucchini Coins	Cheeseburger with Zucchini Coins & Broccoli Florets	Chicken Patty with Grape Tomatoes & Carrot Sticks
Available Daily: Sunbutter & Jelly, Chilled Peaches, Assorted Fresh Fruit				
CHOICE OF CHOCOLATE or 1% WHITE				
<i>Menu Items are Subject to Change</i>				

Week of January 24 - 28

Monday	Tuesday	Wednesday	Thursday	Friday
Crispy Chicken Bowl with a Dinner Roll	Chef's Choice	Classic Nacho Plate with Grape Tomatoes & Zucchini Coins	Pasta with Meatsauce & Mozzarella Cheese	Deep Dish Cheese Pizza with Grape Tomatoes & Carrot Sticks
Chicken Patty with Zucchini Coins & Carrot Sticks	Cheeseburger with Carrot Sticks & Broccoli Florets	Chicken Patty with Grape Tomatoes & Zucchini Coins	Cheeseburger with Zucchini Coins & Broccoli Florets	Chicken Patty with Grape Tomatoes & Carrot Sticks
Available Daily: Sunbutter & Jelly, Chilled Applesauce, Assorted Fresh Fruit				
CHOICE OF CHOCOLATE or 1% WHITE				
<i>Menu Items are Subject to Change</i>				

Springfield Secondary Schools
Week of January 31 – February 4

Monday	Tuesday	Wednesday	Thursday	Friday
Crispy Chicken Bowl with Dinner Roll	Smokehouse Chili Cheese Fries with Corn Muffin	Baked Ziti with Meatballs	BBQ Pork Nachos	Deep Dish Pizza
Chicken Patty	Cheeseburger	Chicken Patty	Cheeseburger	Chicken Patty
Side Vegetable available for each Entrée				
Grape Tomatoes Carrot Sticks	Carrot Sticks Broccoli Florets	Grape Tomatoes Zucchini Coins	Zucchini Coins Broccoli Florets	Zucchini Coins Carrot Sticks
Available Daily: Turkey & Cheese Sandwich, Sunbutter & Jelly, Chilled Pears, Assorted Fresh Fruit				
CHOICE OF CHOCOLATE or 1% WHITE				
<i>Menu Items are Subject to Change</i>				

Week of February 7 - 11

Monday	Tuesday	Wednesday	Thursday	Friday
Fiesta Chicken Bowl	Shepherd's Pie Bowl with Dinner Roll and Pretzels	Creamy Chicken Broccoli Alfredo	Buffalo Chicken Nachos	Deep Dish Pizza
Chicken Patty	Cheeseburger	Chicken Patty	Cheeseburger	Chicken Patty
Side Vegetable available for each Entrée				
Zucchini Coins Carrot Sticks	Carrot Sticks Broccoli Florets	Grape Tomatoes Zucchini Coins	Zucchini Coins Broccoli Florets	Grape Tomatoes Carrot Sticks
Available Daily: Italian Sandwich, Sunbutter & Jelly, Chilled Mixed Fruit, Assorted Fresh Fruit				
CHOICE OF CHOCOLATE or 1% WHITE				
<i>Menu Items are Subject to Change</i>				

Springfield Secondary Schools
Week of February 14 - 18

Monday	Tuesday	Wednesday	Thursday	Friday
BBQ Chicken Nuggets with Fries & Dinner Roll	Teriyaki Noodle Bowl	Baked Mac & Cheese with Ritz Cracker Topping	Classic Nacho Plate	Deep Dish Pizza
Chicken Patty	Cheeseburger	Chicken Patty	Cheeseburger	Chicken Patty
Side Vegetable available for each Entrée				
Zucchini Coins Carrot Sticks	Carrot Sticks Broccoli Florets	Grape Tomatoes Zucchini Coins	Zucchini Coins Broccoli Florets	Grape Tomatoes Carrot Sticks
Available Daily: Turkey Ham & Cheese Sandwich, Sunbutter & Jelly, Chilled Peaches, Assorted Fresh Fruit				
CHOICE OF CHOCOLATE or 1% WHITE				
<i>Menu Items are Subject to Change</i>				

**SPRINGFIELD PUBLIC SCHOOLS
SECONDARY BIC
FEBRUARY 2022**

Monday	Tuesday	Wednesday	Thursday	Friday
1/31	2/1	2/2	2/3	2/4
Strawberry Chocolate Chip Muffin OR Assorted Cereal Giant Goldfish Cracker Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Pancakes with Spiced Apples OR Whole Wheat Bagel with Cream Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Blueberry Muffin OR Assorted Cereal Granola Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	French Toast with Maple Syrup OR Whole Wheat Bagel with Cream Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Pork Sausage & Cheese on Maple Waffle Flatbread OR Assorted Cereal Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
2/7	2/8	2/9	2/10	2/11
Whole Wheat Bagel with Cream Cheese OR Assorted Cereal Local Granola Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Canadian Bacon & Cheese on English Muffin OR Assorted Cereal Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Gingersnap Muffin OR Assorted Cereal Lemon Blueberry Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Maple Waffles with Pork Sausage OR Whole Wheat Bagel with Cream Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Sausage & Cheese on Croissant OR Assorted Cereal Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
2/14	2/15	2/16	2/17	2/18
Strawberry Chocolate Chip Muffin OR Assorted Cereal Giant Goldfish Cracker Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Pancakes with Spiced Apples OR Whole Wheat Bagel with Cream Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Doughnut Muffin OR Assorted Cereal Granola Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Cheesy Eggs & Biscuit OR Whole Wheat Bagel with Cream Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Chef's Choice OR Assorted Cereal Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
2/21	2/22	2/23	2/24	2/25
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES		Menu items are subject to change		

**SPRINGFIELD PUBLIC SCHOOLS
BREAKFAST IN THE CLASSROOM
MARCH 2022**

Monday	Tuesday	Wednesday	Thursday	Friday
2/28	3/1	3/2	3/3	3/4
Strawberry Chocolate Chip Muffin OR Assorted Cereal Giant Goldfish Cracker Peach Cup 100% Juice 1% or Fat Free Milk	Pancakes with Spiced Apples OR Whole Wheat Bagel with Cream Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Dr. Seuss' Who Hash OR Assorted Cereal Granola Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Blueberry Muffin OR Whole Wheat Bagel with Cream Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Pork Sausage & Cheese on Maple Waffle Flatbread OR Assorted Cereal Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
3/7	3/8	3/9	3/10	3/11
Whole Wheat Bagel with Cream Cheese OR Assorted Cereal Local Granola Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Canadian Bacon & Cheese on English Muffin OR Blueberry Yogurt with Granola Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Gingersnap Muffin OR Assorted Cereal Lemon Blueberry Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	French Toast with Maple Syrup OR Whole Wheat Bagel with Cream Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Pork Sausage & Cheese on Croissant OR Assorted Cereal Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
3/14	3/15	3/16	3/17	3/18
Banana Chocolate Chip Muffin OR Assorted Cereal Giant Goldfish Cracker Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Maple Waffles with Pork Sausage OR Whole Wheat Bagel with Cream Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Doughnut Muffin OR Assorted Cereal Granola Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Cheesy Eggs & Biscuit OR Whole Wheat Bagel with Cream Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Canadian Bacon & Cheese on English Muffin OR Assorted Cereal Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
3/21	3/22	3/23	3/24	3/25
Maple Muffin OR Assorted Cereal Local Granola Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Pancakes with Spiced Apples OR Whole Wheat Bagel with Cream Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Blueberry Muffin OR Assorted Cereal Lemon Blueberry Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	French Toast with Maple Syrup OR Whole Wheat Bagel with Cream Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Pork Sausage & Cheese on Maple Waffle Flatbread OR Assorted Cereal Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
3/28	3/29	3/30	3/31	4/1
Whole Wheat Bagel with Cream Cheese OR Assorted Cereal Giant Goldfish Cracker Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Canadian Bacon & Cheese on English Muffin OR Blueberry Yogurt with Granola Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Gingersnap Muffin OR Assorted Cereal Granola Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Maple Waffles with Pork Sausage OR Whole Wheat Bagel with Cream Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Pork Sausage & Cheese on Croissant OR Assorted Cereal Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES		Menu items are subject to change		

Springfield Secondary Schools
Week of February 28 – March 4

Monday	Tuesday	Wednesday	Thursday	Friday
Deep Dish Pizza	Smokehouse Chili Cheese Fries with Corn Muffin	Baked Ziti with Meatballs	BBQ Pork Nachos	Crispy Chicken Bowl with Dinner Roll
Chicken Patty	Cheeseburger	Nathan's All Beef Hot Dog	Spicy Chicken Patty	Cheeseburger
Side Vegetable available for each Entrée				
Grape Tomatoes Carrot Sticks	Carrot Sticks Broccoli Florets	Grape Tomatoes Zucchini Coins	Zucchini Coins Broccoli Florets	Zucchini Coins Carrot Sticks
Available Daily: Turkey & Cheese Sandwich, Sunbutter & Jelly, Chilled Pears, Assorted Fresh Fruit				
CHOICE OF CHOCOLATE or 1% WHITE				
<i>Menu Items are Subject to Change</i>				

Week of March 7 – 11

Monday	Tuesday	Wednesday	Thursday	Friday
Fiesta Chicken Bowl	Shepherd's Pie Bowl with Dinner Roll and Pretzels	Creamy Chicken Broccoli Alfredo	Buffalo Chicken Nachos	Deep Dish Pizza
Chicken Patty	Cheeseburger	Nathan's All Beef Hot Dog	Spicy Chicken Patty	Cheeseburger
Side Vegetable available for each Entrée				
Zucchini Coins Carrot Sticks	Carrot Sticks Broccoli Florets	Grape Tomatoes Zucchini Coins	Zucchini Coins Broccoli Florets	Grape Tomatoes Carrot Sticks
Available Daily: Italian Sandwich, Sunbutter & Jelly, Chilled Pineapple, Assorted Fresh Fruit				
CHOICE OF CHOCOLATE or 1% WHITE				
<i>Menu Items are Subject to Change</i>				

Springfield Secondary Schools
Week of March 14 – 18

Monday	Tuesday	Wednesday	Thursday	Friday
BBQ Chicken Nuggets with Fries & Dinner Roll	Teriyaki Noodle Bowl	Baked Mac & Cheese with Ritz Cracker Topping	Classic Nacho Plate	Deep Dish Pizza
Cheeseburger	Cheeseburger	Nathan's All Beef Hot Dog	Spicy Chicken Patty	Chicken Patty
Side Vegetable available for each Entrée				
Grape Tomato Carrot Sticks	Carrot Sticks Broccoli Florets	Grape Tomatoes Zucchini Coins	Zucchini Coins Broccoli Florets	Zucchini Coins Carrot Sticks
Available Daily: Turkey Ham & Cheese Sandwich, Sunbutter & Jelly, Chilled Peaches, Assorted Fresh Fruit				
CHOICE OF CHOCOLATE or 1% WHITE				
<i>Menu Items are Subject to Change</i>				

Week of March 21 – 25

Monday	Tuesday	Wednesday	Thursday	Friday
Crispy Chicken Bowl with Dinner Roll	Smokehouse Chili Cheese Fries with Corn Muffin	Baked Ziti with Meatballs	BBQ Pork Nachos	Deep Dish Pizza
Chicken Patty	Cheeseburger	Nathan's All Beef Hot Dog	Spicy Chicken Patty	Cheeseburger
Side Vegetable available for each Entrée				
Grape Tomatoes Carrot Sticks	Carrot Sticks Broccoli Florets	Grape Tomatoes Zucchini Coins	Zucchini Coins Broccoli Florets	Zucchini Coins Carrot Sticks
Available Daily: Turkey & Cheese Sandwich, Sunbutter & Jelly, Chilled Applesauce, Assorted Fresh Fruit				
CHOICE OF CHOCOLATE or 1% WHITE				
<i>Menu Items are Subject to Change</i>				

Springfield Secondary Schools
Week of March 28 – April 1

Monday	Tuesday	Wednesday	Thursday	Friday
Fiesta Chicken Bowl	Shepherd's Pie Bowl with Dinner Roll and Pretzels	Creamy Chicken Broccoli Alfredo	Buffalo Chicken Nachos	Deep Dish Pizza
Chicken Patty	Cheeseburger	Nathan's All Beef Hot Dog	Spicy Chicken Patty	Cheeseburger
Side Vegetable available for each Entrée				
Zucchini Coins Carrot Sticks	Carrot Sticks Broccoli Florets	Grape Tomatoes Zucchini Coins	Zucchini Coins Broccoli Florets	Grape Tomatoes Carrot Sticks
Available Daily: Italian Sandwich, Sunbutter & Jelly, Chilled Mixed Fruit, Assorted Fresh Fruit				
CHOICE OF CHOCOLATE or 1% WHITE				
<i>Menu Items are Subject to Change</i>				