

Modified Middle School
Week of October 3 – 7

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday
ENTRÉE	Shepherd's Pie with a Breadstick	Taco Tuesday Ground Beef, Local Corn Tortillas, Salsa, Lettuce, Cheese	Chicken & Waffles with Syrup	Mac & Cheese	Cheesy Pizza Dunkers with Marinara Sauce
PIZZA/ GRILL	Cheese Pizza Pepperoni Pizza	All Beef Hot Dog Curried Lentil Pocket with Yogurt Lime Sauce	Cheese Pizza Pepperoni Pizza	Spicy Chicken Patty Curried Lentil Pocket with Yogurt Lime Sauce	Cheese Pizza Pepperoni Pizza
FAST TAKES	Chef Salad with Breadstick Classic Hummus Bento Box Turkey & Cheese Sandwich on Kaiser Roll Sunbutter & Jelly Sandwich				
SIDES	Tater Tots Grape Tomatoes	Roasted Peppers & Onions Celery Sticks	Mashed Sweet Potato Celery Sticks	Celery Sticks Grape Tomatoes	Roasted Garlic Kale Black Bean Salad
	<u>Available Daily:</u> Chilled Pears Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

Modified Middle School
Week of October 10 – 14

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday
ENTRÉE	NO SCHOOL	Chicken Nuggets with Potato Wedges and Dinner Roll	Sweet & Sour Chicken with Veggie Fried Rice	Pernil al Horno con Arroz y Habichuelas y Platanos	Smokehouse Chili Cheese Fries with Jalapeno Cheddar Corn Muffin
PIZZA/ GRILL		Cheeseburger Steak & Cheese Pocket	Cheese Pizza Pepperoni Pizza	Chicken Patty Steak & Cheese Pocket	Cheese Pizza Pepperoni Pizza
FAST TAKES	Buffalo Chicken Salad with Breadstick Garden Salad with Hummus and Breadstick Turkey Ham & Cheese Sandwich on Kaiser Roll Sunbutter & Jelly Sandwich				
SIDES		Baked Beans Carrot Sticks	Steamed Peas Broccoli Florets	Zucchini Coins Carrot Sticks	Steamed Broccoli Carrot Sticks
	<u>Available Daily:</u> Chilled Mixed Fruit Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

Modified Middle School
Week of October 17 – 21

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday
ENTRÉE	Breaded Fish Sandwich with Cole Slaw	Roast Turkey with Gravy & Biscuit	Loaded Baked Potato with Cheese Sauce and Breadstick	Chicken Broccoli Alfredo over Penne Pasta	Meatball Sub with Shredded Cheese
PIZZA/ GRILL	Cheese Pizza Pepperoni Pizza	All Beef Hot Dog Curried Lentil Pocket with Yogurt Lime Sauce	Cheese Pizza Pepperoni Pizza	Spicy Chicken Patty Curried Lentil Pocket with Yogurt Lime Sauce	Cheese Pizza Pepperoni Pizza
FAST TAKES	Crispy Chicken Salad with Breadstick Classic Hummus Bento Box Italian Sandwich on Kaiser Roll Sunbutter & Jelly Sandwich				
SIDES	Tater Tots Seasoned Black Bean Salad	Roasted Root Veggies Cauliflower Florets	Steamed Broccoli Grape Tomatoes	Cauliflower Florets Grape Tomatoes	Grape Tomatoes Roasted Garlic Kale
	<u>Available Daily:</u> Chilled Peaches Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

Modified Middle School
Week of October 24 – 28

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday
ENTRÉE	Carne Molid over Rice with Sweet Plantains	Roast Pork Nachos	Crispy Chicken Bowl with a Dinner Roll	Spaghetti with Meatballs	Breakfast for Lunch
PIZZA/ GRILL	Cheese Pizza Pepperoni Pizza	Cheeseburger Steak & Cheese Pocket	Cheese Pizza Pepperoni Pizza	Chicken Patty Steak & Cheese Pocket	Cheese Pizza Pepperoni Pizza
FAST TAKES	Chicken Caesar Salad with Breadstick Garden Salad with Hummus and Breadstick Turkey Ham & Cheese Sandwich on Kaiser Roll Sunbutter & Jelly Sandwich				
SIDES	Seasoned Black Bean Salad Carrot Sticks	Roasted Peppers & Onions Carrot Sticks	Steamed Corn Broccoli Florets	Steamed Broccoli Zucchini Coins	Zucchini Coins Carrot Sticks
	<u>Available Daily:</u> Chilled Applesauce Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

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**SPRINGFIELD PUBLIC SCHOOLS
BREAKFAST IN THE CLASSROOM
OCTOBER 2022**

Monday	Tuesday	Wednesday	Thursday	Friday
10/3	10/4	10/5	10/6	10/7
Banana Chocolate Chip Muffin OR Assorted Cereal Giant Goldfish Cracker Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Pancakes with Pork Sausage Links OR Yogurt Bowl with Granola & Peaches Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Local One Mighty Mill Cinnamon Raisin Bagel with Cream Cheese OR Assorted Cereal Granola Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Pork Bacon & Egg Pocket OR Yogurt Bowl with Granola & Peaches Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Pork Sausage, Egg & Cheese on Maple Waffle Flatbread OR Assorted Cereal Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
10/10	10/11	10/12	10/13	10/14
NO SCHOOL	Spiced Apple Muffin OR Assorted Cereal Strawberry Cup 100% Juice 1% or Fat Free Milk	Breakfast Taco Bowl with Corn Tortilla OR Assorted Cereal Lemon Blueberry Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Blueberry Pocket OR Yogurt Bowl with Granola & Strawberries Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Ham, Egg & Cheese on English Muffin OR Assorted Cereal Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
10/17	10/18	10/19	10/20	10/21
Pumpkin Spice Muffin OR Assorted Cereal Giant Goldfish Cracker Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	French Toast Sticks with Pork Sausage Links OR Yogurt Bowl with Granola & Pears Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Local One Mighty Mill Cinnamon Raisin Bagel with Cream Cheese OR Assorted Cereal Granola Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Pork Sausage & Egg Pocket OR Yogurt Bowl with Granola & Pears Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Egg & Cheese on Croissant OR Assorted Cereal Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
10/24	10/25	10/26	10/27	10/28
Blueberry Muffin OR Assorted Cereal Local Granola Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Maple Waffle with Maple Syrup OR Yogurt Bowl with Granola & Strawberries Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Egg & Cheese English Muffin OR Assorted Cereal Lemon Blueberry Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Spiced Apple Pocket OR Yogurt Bowl with Granola & Strawberries Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Canadian Bacon, Egg & Cheese on French Toast OR Assorted Cereal Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES		Menu items are subject to change		

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