

**SPRINGFIELD PUBLIC SCHOOLS
SECONDARY BIC
DECEMBER 2022**

Monday	Tuesday	Wednesday	Thursday	Friday
12/5	12/6	12/7	12/8	12/9
Banana Chocolate Chip Muffin OR Assorted Cereal	French Toast with Maple Syrup OR Assorted Cereal	Carrot Cake Muffin OR Assorted Cereal	Blueberry Pocket OR Assorted Cereal	Egg & Cheese English Muffin OR Assorted Cereal
Giant Goldfish Cracker Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Lemon Blueberry Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
12/12	12/13	12/14	12/15	12/16
Gingersnap Muffin OR Assorted Cereal	Maple Waffle with Maple Syrup OR Assorted Cereal	Local One Mighty Mill Everything Bagel with Buttery Spread OR Assorted Cereal	Blueberry Muffin OR Assorted Cereal	Pork Bacon & Egg Pocket OR Assorted Cereal
Giant Goldfish Cracker Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Lemon Blueberry Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
12/19	12/20	12/21	12/22	12/23
Doughnut Muffin OR Assorted Cereal	Danimals Yogurt with Granola OR Assorted Cereal	Apple Pocket OR Assorted Cereal	Chef's Choice OR Assorted Cereal	Chef's Choice OR Assorted Cereal
Giant Goldfish Cracker Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Lemon Blueberry Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES			Menu items are subject to change	

This institution is an equal opportunity provider.

Hampden Charter
Spring Middle

Springfield Modified Middle School
Week of December 5 – 9

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday
ENTRÉE	Smokehouse Chili Cheese Fries with Jalapeno Cheddar Corn Muffin	Buffalo Chicken Meatball Sub	Loaded Tater Tots with Cheese Sauce and Dinner Rolls	Tomato Soup with Grilled Cheese & Goldfish Crackers	Pernil al Horno con Arroz y Habichuelas y Platanos Maduros
PIZZA/ GRILL	Cheese Pizza Pepperoni Pizza	Cheeseburger Steak & Cheese Pocket	Cheese Pizza Pepperoni Pizza	Chicken Patty Steak & Cheese Pocket	Cheese Pizza Pepperoni Pizza
FAST TAKES	Buffalo Chicken Salad with Corn Muffin Garden Salad with Dinner Roll Turkey Ham & Cheese Sandwich on Kaiser Roll Sunbutter & Jelly Sandwich				
SIDES	Broccoli Florets Steamed Carrots	Steamed Corn Zucchini Coins	Steamed Broccoli Zucchini Coins	Steamed Green Beans Carrot Sticks	Baked Beans Carrot Sticks
	<u>Available Daily:</u> Chilled Mixed Fruit Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

Springfield Modified Middle School
Week of December 12 – 16

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday
ENTRÉE	BBQ Shredded Chicken Sandwich	Chicken Broccoli Alfredo over Penne Pasta	Chicken Nuggets with Dinner Roll	Roast Turkey with Gravy & Biscuit	Meatball Sub with Shredded Cheese
PIZZA/ GRILL	Cheese Pizza Pepperoni Pizza	Hot Dog Curried Lentil Pocket with Yogurt Lime Sauce	Cheese Pizza Pepperoni Pizza	Spicy Chicken Patty Curried Lentil Pocket with Yogurt Lime Sauce	Cheese Pizza Pepperoni Pizza
FAST TAKES	Crispy Chicken Salad with Dinner Roll Sunbutter Bento Box with Bagel Italian Sandwich on Kaiser Roll Sunbutter & Jelly Sandwich				
SIDES	Grape Tomatoes Roasted Garlic Kale	Grape Tomatoes Steamed Broccoli	Potato Wedges Seasoned Black Bean Salad	Cauliflower Florets Butternut Squash	Grape Tomatoes Steamed Green Beans
	<u>Available Daily:</u> Chilled Peaches Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

Springfield Modified Middle School
Week of December 19 – 23

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday
ENTRÉE	Crispy Chicken Bowl with a Dinner Roll	Jerk Chicken with Cajun Rice	Chef's Choice	Chef's Choice	Bagged Lunch
PIZZA/ GRILL	Cheese Pizza Pepperoni Pizza	Cheeseburger Steak & Cheese Pocket	Cheese Pizza Pepperoni Pizza	Chicken Patty Steak & Cheese Pocket	
FAST TAKES	Chicken Caesar Salad with Dinner Roll Garden Salad with Dinner Roll Turkey Ham & Cheese Sandwich on Kaiser Roll Sunbutter & Jelly Sandwich				
SIDES	Baked Beans Carrot Sticks	Steamed Green Beans Carrot Sticks	Steamed Corn Broccoli Florets	Steamed Broccoli Zucchini Coins	Zucchini Coins Carrot Sticks
	<u>Available Daily:</u> Chilled Applesauce Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

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