

**SPRINGFIELD PUBLIC SCHOOLS  
SECONDARY BIC  
FEBRUARY 2023**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
1/30	1/31	2/1	2/2	2/3
Doughnut Muffin  OR Assorted Cereal with Giant Goldfish Cracker  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Danimals Yogurt  OR Assorted Cereal  Local Granola Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Local One Mighty Mill Cinnamon Raisin Bagel with Jelly OR Assorted Cereal with Lemon Blueberry Bites  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Spiced Apple Pocket  OR Assorted Cereal with Giant Goldfish Cracker  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Ham & Cheese English Muffin  OR Assorted Cereal  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
2/6	2/7	2/8	2/9	2/10
Maple Muffin  OR Assorted Cereal with Giant Goldfish Cracker  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	French Toast with Maple Syrup OR Assorted Cereal with Local Granola  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Egg & Cheese Croissant  OR Assorted Cereal with Giant Goldfish Cracker  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Lemon Blueberry Muffin  OR Assorted Cereal with Lemon Blueberry Bites  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Southwest Turkey Ham & Egg Pocket OR Assorted Cereal  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
2/13	2/14	2/15	2/16	2/17
Local One Mighty Mill Everything Bagel with Buttery Spread OR Assorted Cereal with Giant Goldfish Cracker  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Cherry Chocolate Chip Muffin  OR Assorted Cereal with Local Granola  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Pork Bacon, Potato, Egg & Cheese Pocket  OR Assorted Cereal with Lemon Blueberry Bites  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Banana Chocolate Chip Muffin  OR Assorted Cereal with Giant Goldfish Cracker  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Egg & Cheese English Muffin  OR Assorted Cereal  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
2/20	2/21	2/22	2/23	2/24
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
<b>PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES</b>			<b>Menu items are subject to change</b>	

This institution is an equal opportunity provider.

Springfield Modified Middle School  
Week of February 28 – March 3

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>ENTRÉE</b>	BBQ Shredded Chicken Sandwich	Bean & Cheese Nachos	Chicken Nuggets with Dinner Roll	Chicken Alfredo over Penne Pasta	Fish Sticks with Dinner Roll
<b>PIZZA/ GRILL</b>	Cheese Pizza Pepperoni Pizza	Hot Dog Buffalo Chicken Pocket	Cheese Pizza Pepperoni Pizza	Spicy Chicken Patty Buffalo Chicken Pocket	Cheese Pizza Pepperoni Pizza
<b>FAST TAKES</b>	Buffalo Chicken Salad with Dinner Roll Sunbutter Bento Box with Dinner Roll Italian Sandwich on Kaiser Roll Sunbutter & Jelly Sandwich				
<b>SIDES</b>	Steamed Carrots Steamed Green Beans	Cauliflower Florets Roasted Root Vegetables	Potato Wedges Seasoned Black Bean Salad	Grape Tomatoes Steamed Broccoli	Grape Tomatoes Tater Tots
	<u>Available Daily:</u> Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

Week of March 6 – 10

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>ENTRÉE</b>	Chicken Tortilla Soup with Tortilla Chips	Classic Beef Nachos	Crispy Chicken Bowl with a Dinner Roll	Mac & Cheese	Meatball Sub with Shredded Cheese
<b>PIZZA/ GRILL</b>	Cheese Pizza Pepperoni Pizza	Cheeseburger Jamaican Beef Patty Pocket	Cheese Pizza Pepperoni Pizza	Chicken Patty Jamaican Beef Patty Pocket	Cheese Pizza Pepperoni Pizza
<b>FAST TAKES</b>	Chicken Caesar Salad with Dinner Roll Garden Salad with Dinner Roll Turkey Ham & Cheese Sandwich on Kaiser Roll Sunbutter & Jelly Sandwich				
<b>SIDES</b>	Baked Beans Carrot Sticks	Steamed Green Beans Carrot Sticks	Steamed Carrots Broccoli Florets	Steamed Broccoli Zucchini Coins	Steamed Corn Zucchini Coins
	<u>Available Daily:</u> Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

Springfield Modified Middle School  
Week of March 13 – 17

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>ENTRÉE</b>	Loaded Potato Soup with Dinner Roll	<b>Taco Tuesday</b> Ground Beef, Local Corn Tortillas, Salsa, Lettuce, Cheese	Breakfast for Lunch Pancakes, Sausage	Tomato Soup with Grilled Cheese & Goldfish Crackers	Shepherd's Pie with Dinner Roll
<b>PIZZA/GRILL</b>	Cheese Pizza Pepperoni Pizza	Hot Dog Buffalo Chicken Pocket	Cheese Pizza Pepperoni Pizza	Spicy Chicken Patty Buffalo Chicken Pocket	Cheese Pizza Pepperoni Pizza
<b>FAST TAKES</b>	Chef Salad with Dinner Roll Yogurt Bento Box Turkey & Cheese Sandwich on Kaiser Roll Sunbutter & Jelly Sandwich				
<b>SIDES</b>	Steamed Peas Seasoned Black Bean Salad	Steamed Green Beans Grape Tomatoes	Tater Tots Celery Sticks	Steamed Broccoli Grape Tomatoes	Butternut Squash Celery Sticks
	<u>Available Daily:</u> Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

Week of March 20 – 24

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>ENTRÉE</b>	Pernil al Horno con Arroz y Habichuelas y Platanos Maduros	Buffalo Chicken Nachos	Spaghetti & Meatballs	Loaded Tater Tots with Cheese Sauce and Dinner Roll	Chicken Teriyaki Lo Mein
<b>PIZZA/GRILL</b>	Cheese Pizza Pepperoni Pizza	Cheeseburger Steak & Cheese Pocket	Cheese Pizza Pepperoni Pizza	Chicken Patty Steak & Cheese Pocket	Cheese Pizza Pepperoni Pizza
<b>FAST TAKES</b>	Crispy Chicken Salad with Dinner Roll Garden Salad with Dinner Roll Turkey Ham & Cheese Sandwich on Kaiser Roll Sunbutter & Jelly Sandwich				
<b>SIDES</b>	Steamed Carrots Zucchini Coins	Baked Beans Carrot Sticks	Steamed Green Beans Zucchini Coins	Steamed Broccoli Carrot Sticks	Broccoli Florets Steamed Corn
	<u>Available Daily:</u> Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

Springfield Modified Middle School  
Week of March 27 – 31

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>ENTRÉE</b>	BBQ Shredded Chicken Sandwich	Bean & Cheese Nachos	Chicken Nuggets with Dinner Roll	Chicken Alfredo over Penne Pasta	Fish Sticks with Dinner Roll
<b>PIZZA/ GRILL</b>	Cheese Pizza Pepperoni Pizza	Hot Dog Buffalo Chicken Pocket	Cheese Pizza Pepperoni Pizza	Spicy Chicken Patty Buffalo Chicken Pocket	Cheese Pizza Pepperoni Pizza
<b>FAST TAKES</b>	Buffalo Chicken Salad with Dinner Roll Sunbutter Bento Box with Dinner Roll Italian Sandwich on Kaiser Roll Sunbutter & Jelly Sandwich				
<b>SIDES</b>	Steamed Carrots Steamed Green Beans	Cauliflower Florets Roasted Root Vegetables	Potato Wedges Seasoned Black Bean Salad	Grape Tomatoes Steamed Broccoli	Grape Tomatoes Tater Tots
	<u>Available Daily:</u> Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

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<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
2/27	2/28	3/1	3/2	3/3
Gingersnap Muffin  OR Assorted Cereal with Giant Goldfish Cracker  Craisins 100% Juice 1% or Fat Free Milk	Pork Bacon & Egg Pocket  OR Assorted Cereal with Local Granola  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Local One Mighty Mill Everything Bagel with Buttery Spread  OR Assorted Cereal with Lemon Blueberry Bites  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Maple Waffle with Maple Syrup  OR Assorted Cereal with Giant Goldfish Cracker  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Blueberry Muffin  OR Assorted Cereal  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
3/6	3/7	3/8	3/9	3/10
Doughnut Muffin  OR Assorted Cereal with Giant Goldfish Cracker  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Egg & Cheese Croissant  OR Assorted Cereal with Lemon Blueberry Bites  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Danimals Yogurt  OR Assorted Cereal with Local Granola  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Ham & Cheese English Muffin  OR Assorted Cereal with Giant Goldfish Cracker  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Spiced Apple Pocket  OR Assorted Cereal  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
3/13	3/14	3/15	3/16	3/17
Lemon Blueberry Muffin  OR Assorted Cereal with Giant Goldfish Cracker  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Pancakes with Maple Syrup  OR Assorted Cereal with Local Granola  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Local One Mighty Mill Cinnamon Raisin Bagel with Jelly  OR Assorted Cereal with Giant Goldfish Cracker  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Southwest Turkey Ham & Egg Pocket  OR Assorted Cereal with Lemon Blueberry Bites  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Mint Chocolate Chip Muffin  OR Assorted Cereal  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
3/20	3/21	3/22	3/23	3/24
Banana Muffin  OR Assorted Cereal with Giant Goldfish Cracker  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Croissant with Jelly  OR Assorted Cereal with Local Granola  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Maple Muffin  OR Assorted Cereal with Lemon Blueberry Bites  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Egg & Cheese English Muffin  OR Assorted Cereal with Giant Goldfish Cracker  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Cherry Pocket  OR Assorted Cereal  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
3/27	3/28	3/29	3/30	3/31
Gingersnap Muffin  OR Assorted Cereal with Giant Goldfish Cracker  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Pork Bacon & Egg Pocket  OR Assorted Cereal with Local Granola  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Local One Mighty Mill Everything Bagel with Buttery Spread  OR Assorted Cereal with Lemon Blueberry Bites  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Maple Waffle with Maple Syrup  OR Assorted Cereal with Giant Goldfish Cracker  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Blueberry Muffin  OR Assorted Cereal  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
<b>PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES</b> <b>Menu items are subject to change</b>				

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