# Springfield Middle Schools Week of May 1 – 5

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday		
ENTRÉE	BBQ Shredded Chicken Sandwich	Bean & Cheese Nachos	Chicken Nuggets with Dinner Roll	Chicken Alfredo over Penne Pasta	Fish Sticks with Fries, Cole Slaw & Dinner Roll		
PIZZA	Daily Options: Cheese Pizza Pepperoni Pizza Buffalo Chicken Pocket						
GRILL	Cheeseburger	Spicy Chicken Patty	Hot Dog	Chicken Patty	Corn Dog		
	S	ides - Sliced Tomato	<u> </u>	· · · · · · · · · · · · · · · · · · ·	les		
	Buffalo Chicken Salad with Dinner Roll						
FAST	Sunbutter Bento Box						
TAKES	Italian Sandwich on Kaiser Roll						
		Sun	butter & Jelly Sandv	vich			
SIDES	Grape Tomatoes	Cauliflower Florets	Potato Wedges	Grape Tomatoes	Grape Tomatoes		
COLD LINE	Steamed Green Beans	Roasted Root Vegetables	Seasoned Black Bean Salad	Steamed Broccoli	Steamed Green Beans		
ALIEKNAIE	Carrot Sticks	Zucchini Coins	Corn Salsa	Broccoli Florets	Carrot Sticks		
			Available Daily:				
		•	Assorted Fresh Frui	-			
		Fat Free Chocolate, 1% White or Fat Free White Milk					

# Springfield Middle Schools Week of May 8 – 12

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday		
ENTRÉE	Chicken Tortilla Soup with Tortilla Chips	Classic Beef Nachos	Crispy Chicken Bowl with Dinner Roll	Mac & Cheese	Meatball Sub with Shredded Cheese		
PIZZA	Daily Options: Cheese Pizza Pepperoni Pizza Sloppy Joe Pocket						
GRILL	Cheeseburger	Spicy Chicken Patty	Hot Dog	Chicken Patty	Corn Dog		
	Si	des - Sliced Tomate	o, Green Leaf Lettuc	e, Sliced Onion, Pick	les		
	Chicken Caesar Salad with Dinner Roll						
FAST	Garden Salad with Dinner Roll						
TAKES	Turkey Ham & Cheese Sandwich on Kaiser Roll						
		Sur	nbutter & Jelly Sandv	vich			
SIDES	Baked Beans	Steamed Green Beans	Steamed Carrots	Steamed Broccoli	Steamed Corn		
COLD LINE	Carrot Sticks	Carrot Sticks	Broccoli Florets	Zucchini Coins	Zucchini Coins		
ALTERNATE	Black Bean Salad	Zucchini Coins	Carrot Sticks	Broccoli Florets	Corn Salsa		
	Available Daily: Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk						

# Springfield Middle Schools Week of May 15 – 19

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday		
ENTRÉE	Pulled Pork Sandwich with Cole Slaw	Taco Tuesday Ground Beef, Local Corn Tortillas, Salsa, Lettuce, Cheese	Breakfast for Lunch Pancakes & Sausage	Shepherd's Pie with Dinner Roll	Lazy Lasagna		
PIZZA	Daily Options: Cheese Pizza Pepperoni Pizza Buffalo Chicken Pocket						
GRILL	Cheeseburger	Spicy Chicken Patty	Hot Dog	Chicken Patty	Corn Dog		
	Si	des - Sliced Tomato	o, Green Leaf Lettuce	tuce, Sliced Onion, Pickles			
		Che	ef Salad with Dinner I	Roll			
FAST	Sunbutter Bento Box						
TAKES	Turkey & Cheese Sandwich on Kaiser Roll						
	Sunbutter & Jelly Sandwich						
SIDES	Steamed Broccoli	Steamed Green Beans	Tater Tots	Steamed Peas	Steamed Carrots		
COLD LINE	Grape Tomatoes	Grape Tomatoes	Celery Sticks	Seasoned Black Bean Salad	Celery Sticks		
ALTERNATE	Broccoli Florets	Zucchini Coins	Corn Salsa	Corn Salsa	Carrot Sticks		
			Available Daily:				
			Assorted Fresh Fruit				
		Fat Free Chocol	late, 1% White or Fat	Free White Milk			

## Springfield Middle Schools Week of May 22 – 26

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday		
ENTRÉE	Pernil al Horno con Arroz y Habichuelas y Platanos Maduros	Buffalo Chicken Nachos	Spaghetti & Meatballs	Loaded Tater Tots with Cheese Sauce and Dinner Roll	Chicken Teriyaki Lo Mein		
PIZZA	Daily Options: Cheese Pizza Pepperoni Pizza Steak & Cheese Pocket						
GRILL	Cheeseburger	Spicy Chicken Patty	Hot Dog	Chicken Patty	Corn Dog		
	Si	des – Sliced Tomato	o, Green Leaf Lettuce	e, Sliced Onion, Pick	les		
		Crispy C	hicken Salad with Di	nner Roll			
FACT		Gard	en Salad with Dinne	Dinner Roll			
FAST TAKES		Turkey Ham 8	Cheese Sandwich	on Kaiser Roll			
174125	Turkey Ham & Cheese Sandwich on Kaiser Roll						
	Sunbutter & Jelly Sandwich						
SIDES	Baked Beans	Carrot Sticks	Steamed Green Beans	Steamed Broccoli	Broccoli Florets		
COLD LINE	Steamed Carrots	Zucchini Coins	Zucchini Coins	Carrot Sticks	Steamed Corn		
ALTERNATE	Black Bean Salad		Cauliflower Florets	Broccoli Florets	Corn Salsa		
			Available Daily:				
			Assorted Fresh Fruit	t			
		Fat Free Chocol	ate, 1% White or Fat	Free White Milk			

## Springfield Middle Schools Week of May 29 – June 2

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday		
ENTRÉE	NO SCHOOL	Cheesy Dunkers with Marinara Sauce	Chicken Nuggets with Dinner Roll	Chicken Alfredo over Penne Pasta	Fish Sticks with Fries, Cole Slaw & Dinner Roll		
			Daily Options:				
PIZZA			Cheese Pizza				
I ILLA			Pepperoni Pizza				
		В	uffalo Chicken Pock	et			
GRILL		Spicy Chicken Patty	Hot Dog	Chicken Patty	Corn Dog		
	Si		<u> </u>	e, Sliced Onion, Pick	iles		
	Buffalo Chicken Salad with Dinner Roll						
FAST	Sunbutter Bento Box						
TAKES	Italian Sandwich on Kaiser Roll						
	Sunbutter & Jelly Sandwich						
SIDES		Cauliflower Florets	Potato Wedges	Grape Tomatoes	Grape Tomatoes		
COLD LINE		Steamed Green Beans	Seasoned Black Bean Salad	Steamed Broccoli	Roasted Root Vegetables		
ALIERNAIE		Zucchini Coins	Corn Salsa	Broccoli Florets	Carrot Sticks		
			Available Daily:				
			Assorted Fresh Fruit				
		Fat Free Chocol	ate, 1% White or Fat	Free White Milk			

This institution is an equal opportunity provider.

#### SPRINGFIELD PUBLIC SCHOOLS COLD BIC MAY 2023

Monday	Tuesday	Wednesday	Thursday	Friday
5/1	5/2	5/3	5/4	5/5
Cherry Chocolate	Danimals Yogurt	Local One Mighty Mill	Spiced Apple Pocket	Blueberry Belvita
Chip Muffin	-	Everything Bagel with		Breakfast Biscuit
		Buttery Spread		
OR	OR	OR	OR	OR
Assorted Cereal with	Assorted Cereal	Assorted Cereal with	Assorted Cereal with	Assorted Cereal
Giant Goldfish Cracker		Lemon Blueberry Bites	Local Granola	
	Local Granola	P 1 W 1 P 1	F 1 W 1 F 1	D 1 W 1 D 1
Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit
100% Juice	100% Juice	100% Juice	100% Juice	100% Juice
1% or Fat Free Milk 5/8	1% or Fat Free Milk 5/9	1% or Fat Free Milk 5/10	1% or Fat Free Milk 5/11	1% or Fat Free Milk 5/12
Doughnut Muffin	Nutri-Grain Bar	Danimals Yogurt	Local One Mighty Mill	Blueberry Belvita
Doughnut Wullin	Nutr-Grain Dar	Daninais Toguit	Cinnamon Raisin Bagel	Breakfast Biscuit
			with Jelly	Breaklast Biseuit
OR	OR	OR	OR	OR
Assorted Cereal with	Assorted Cereal with	Assorted Cereal	Assorted Cereal with	Assorted Cereal
Giant Goldfish Cracker	Lemon Blueberry Bites	115551100 001001	Lemon Blueberry Bites	113501444 241441
	,	Local Granola		
Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit
100% Juice	100% Juice	100% Juice	100% Juice	100% Juice
1% or Fat Free Milk	1% or Fat Free Milk	1% or Fat Free Milk	1% or Fat Free Milk	1% or Fat Free Milk
5/15	5/16	5/17	5/18	5/19
Lemon Poppyseed	Danimals Yogurt	Local One Mighty Mill	Cherry Pocket	Blueberry Belvita
Muffin		Cinnamon Raisin Bagel		Breakfast Biscuit
	9.0	with Jelly	0.70	
OR	OR	OR	OR	OR
Assorted Cereal with	Assorted Cereal	Assorted Cereal with	Assorted Cereal with	Assorted Cereal
Giant Goldfish Cracker	I and Consta	Giant Goldfish Cracker	Lemon Blueberry Bites	
Fresh Whole Fruit	Local Granola Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit
100% Juice	100% Juice	100% Juice	100% Juice	100% Juice
1% or Fat Free Milk	1% or Fat Free Milk	1% or Fat Free Milk	1% or Fat Free Milk	1% or Fat Free Milk
5/22	5/23	5/24	5/25	5/26
Banana Chocolate	Croissant with Jelly or	Orange Creamsicle	Danimals Yogurt	Blueberry Belvita
Chip Muffin	Buttery Spread	Muffin	Dummin 1 ogurt	Breakfast Biscuit
OR	OR	OR	OR	OR
Assorted Cereal with	Assorted Cereal with	Assorted Cereal with	Assorted Cereal	Assorted Cereal
Giant Goldfish Cracker	Local Granola	Lemon Blueberry Bites		
		-	Local Granola	
Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit
100% Juice	100% Juice	100% Juice	100% Juice	100% Juice
1% or Fat Free Milk	1% or Fat Free Milk	1% or Fat Free Milk	1% or Fat Free Milk	1% or Fat Free Milk
5/29	5/30	5/31	6/1	6/2
	Danimals Yogurt	Local One Mighty Mill	Spiced Apple Pocket	Blueberry Belvita
NO COLLOGI		Everything Bagel with		Breakfast Biscuit
NO SCHOOL	OR	Buttery Spread OR	OR	OR
	Assorted Cereal	Assorted Cereal with	Assorted Cereal with	Assorted Cereal
	Assorted Cerear	Lemon Blueberry Bites	Local Granola	Assorted Cerear
		Lemon Diacoenty Dices	Local Ofanoia	
!	Local Granola	,		
	Local Granola Fresh Whole Fruit	-	Fresh Whole Fruit	Fresh Whole Fruit
	Local Granola Fresh Whole Fruit 100% Juice	Fresh Whole Fruit 100% Juice	Fresh Whole Fruit 100% Juice	Fresh Whole Fruit 100% Juice
	Fresh Whole Fruit	Fresh Whole Fruit		

This institution is an equal opportunity provider.

#### Springfield Middle Schools Week of June 5 – 9

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday	
ENTRÉE	Chicken Meatballs with Sweet Chili Sauce over Rice	Classic Beef Nachos	Chili Cheese Fries with Dinner Roll	Mac & Cheese	Cheesy Dunkers with Marinara Sauce	
PIZZA		Chees	Options: e Pizza oni Pizza			
GRILL	Spicy Chicken Patty	Corn Dog	Chicken Patty	Spicy Chicken Patty	Corn Dog	
FAST	Chicken Caesar Salad with Dinner Roll Garden Salad with Dinner Roll					
TAKES	Turkey Ham & Cheese Sandwich on Kaiser Roll Sunbutter & Jelly Sandwich					
SIDES	Steamed Peas	Baked Beans	Steamed Green Beans	Steamed Broccoli	Carrot Sticks	
COLD LINE	Carrot Sticks	Carrot Sticks	Broccoli Florets	Zucchini Coins	Zucchini Coins	
ALTERNATE	Corn Salsa	Black Bean Salad	Zucchini Coins	Broccoli Florets		
	Available Daily: Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk					

## Springfield Middle Schools Week of June 12 – 16

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday	
ENTRÉE	Pulled Pork Sandwich with Cole Slaw	Chicken Teriyaki Lo Mein	Breakfast for Lunch Pancakes & Sausage	Oven Fried Chicken Drumstick with Mashed Potatoes and Roll	Lazy Lasagna	
PIZZA	Daily Options: Cheese Pizza Pepperoni Pizza					
GRILL	Spicy Chicken Patty	Corn Dog	Chicken Patty	Spicy Chicken Patty	Corn Dog	
		Che	f Salad with Dinner	Roll		
FACT	Garden Salad with Dinner Roll					
FAST TAKES	Turkey & Cheese Sandwich on Kaiser Roll					
	Sunbutter & Jelly Sandwich					
SIDES	Steamed Broccoli	Steamed Broccoli	Tater Tots	Steamed Green Beans	Carrot Sticks	
COLD LINE	Grape Tomatoes	Grape Tomatoes	Celery Sticks	Seasoned Black Bean Salad	Celery Sticks	
ALTERNATE	Broccoli Florets	Broccoli Florets	Corn Salsa	Zucchini Coins		
			Available Daily:			
	Assorted Fresh Fruit					
		Fat Free Chocolate, 1% White or Fat Free White Milk				

#### Springfield Middle Schools Week of June 19 – 23

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday		
ENTRÉE	NO SCHOOL	Cheesy Dunkers with Marinara Sauce	Chef's Choice	Bagged Lunch	NO SCHOOL		
PIZZA/ GRILL		Grill Line	Pizza Bar OR Grill Line				
		Garden Salad	with Dinner Roll				
FAST TAKES		Turkey & Cheese	Sandwich on Kaiser				
TARLS		Sunbutter &	Jelly Sandwich				
SIDES		Zucchini Coins	Steamed Broccoli	Carrot Sticks			
		Baked Beans	Tater Tots	Grape Tomatoes			
	Available Daily:						
	Assorted Fresh Fruit						
	Fat Free Chocolate, 1% White or Fat Free White Milk						

This institution is an equal opportunity provider.