

**SPRINGFIELD PUBLIC SCHOOLS  
SECONDARY BIC  
OCTOBER 2023**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
10/2	10/3	10/4	10/5	10/6
Pumpkin Spice Muffin  OR Assorted Cereal  Cinnamon Goldfish Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Local Everything Bagel with Cream Cheese or Jelly OR Assorted Cereal  Local Granola Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Banana Chocolate Chip Muffin  OR Assorted Cereal  String Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Chorizo, Potato & Cheese Pocket  OR Assorted Cereal  Vanilla Goldfish Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Sausage & Cheese Maple Waffle Flatbread  OR Assorted Cereal  Lemon Blueberry Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
10/9	10/10	10/11	10/12	10/13
NO SCHOOL	Danimals Yogurt  OR Assorted Cereal  Local Granola Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	French Toast Sticks with Syrup OR Assorted Cereal  Lemon Blueberry Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Cherry Pocket  OR Assorted Cereal  String Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Egg & Cheese English Muffin OR Assorted Cereal  Vanilla Goldfish Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
10/16	10/17	10/18	10/19	10/20
Doughnut Muffin  OR Assorted Cereal  Cinnamon Goldfish Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Local Everything Bagel with Cream Cheese or Jelly OR Assorted Cereal  Local Granola Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Cranberry Orange Muffin  OR Assorted Cereal  String Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Pizza Bagel with Home Fries  OR Assorted Cereal  Lemon Blueberry Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Bacon, Potato, Egg & Cheese Pocket  OR Assorted Cereal  Vanilla Goldfish Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
10/23	10/24	10/25	10/26	10/27
Blueberry Muffin  OR Assorted Cereal  Cinnamon Goldfish Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Danimals Yogurt  OR Assorted Cereal  Local Granola Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Pancakes with Maple Sausage & Syrup OR Assorted Cereal  Lemon Blueberry Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Spiced Apple Pocket  OR Assorted Cereal  String Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Egg & Cheese Croissant  OR Assorted Cereal  Vanilla Goldfish Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
<b>PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES</b>			<b>Menu items are subject to change</b>	

This institution is an equal opportunity provider.

Springfield Modified Middle Schools  
Week of October 2 – 6

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday
ENTRÉE	Smokehouse Chili with Corn Muffin	Chicken Bowl with Local Mashed Potatoes, Corn & Dinner Roll	Buffalo Chicken Meatball Sub	Mac & Cheese	Classic Beef Nachos
PIZZA/GRILL	Cheese Pizza Pepperoni Pizza	Corn Dog Pepperoni Calzone	Cheese Pizza Pepperoni Pizza	Spicy Chicken Patty Pepperoni Calzone	Cheese Pizza Pepperoni Pizza
FAST TAKES	Chef Salad with Roll Hummus Bento Box with Roll Turkey Ham & Cheese on Kaiser Sunbutter & Jelly Sandwich				
SIDES	Steamed Green Beans Cauliflower Florets	Steamed Corn Cauliflower Florets	Mashed Sweet Potatoes Cauliflower Florets	Steamed Broccoli Carrot Sticks	Black Bean Salad Carrot Sticks
	<u>Available Daily:</u> Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

Week of October 9 – 13

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday
ENTRÉE	NO SCHOOL	Shepherd's Pie with Roll	Pernil al Horno (Roast Pork) with Seasoned Rice	Creamy Penne Alfredo	Meatball Sub
PIZZA/GRILL		Chicken Patty Sloppy Joe Calzone	Cheese Pizza Pepperoni Pizza	Cheeseburger Sloppy Joe Calzone	Cheese Pizza Pepperoni Pizza
FAST TAKES	Crispy Chicken Salad with Roll Garden Salad with Roll Turkey & Cheese on Kaiser Sunbutter & Jelly Sandwich				
SIDES		Local Mashed Potatoes Grape Tomatoes	Habichuelas Zucchini Coins	Steamed Broccoli Grape Tomatoes	Steamed Green Beans Grape Tomatoes
	<u>Available Daily:</u> Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

**Springfield Modified Middle Schools  
Week of October 16 – 20**

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday
ENTRÉE	Teriyaki Chicken over Fried Rice	Breakfast for Lunch with Chicken Sausage	Chicken Drumstick with Dinner Roll	Taco Salad with Seasoned Rice & Fresh Pico de Gallo	Pork Bahn Mi with Sriracha Mayo & Spicy Slaw
PIZZA/GRILL	Cheese Pizza Pepperoni Pizza	Corn Dog Pepperoni Calzone	Cheese Pizza Pepperoni Pizza	Spicy Chicken Patty Pepperoni Calzone	Cheese Pizza Pepperoni Pizza
FAST TAKES	Buffalo Chicken Salad with Roll Hummus Bento Box with Roll Italian on Kaiser Sunbutter & Jelly Sandwich				
SIDES	Steamed Carrots  Zucchini Coins	Tater Tots  Carrot Sticks	Local Mashed Potatoes  Zucchini Coins	Steamed Cauliflower  Black Bean Salad	Steamed Broccoli  Carrot Sticks
	<u>Available Daily:</u> Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

**Week of October 23 – 27**

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday
ENTRÉE	Tomato Soup with Grilled Cheese	Chicken Nuggets with BBQ Sauce & Dinner Roll	Loaded Baked Potato with Nacho Beef, Cheese Sauce & Roll	Spaghetti with Beef Meatballs	Jerk Chicken Sandwich
PIZZA/GRILL	Cheese Pizza Pepperoni Pizza	Cheeseburger Sloppy Joe Calzone	Cheese Pizza Pepperoni Pizza	Chicken Patty Sloppy Joe Calzone	Cheese Pizza Pepperoni Pizza
FAST TAKES	Chicken Caesar Salad with Roll Garden Salad with Roll Turkey & Cheese on Kaiser Sunbutter & Jelly Sandwich				
SIDES	Baked Beans  Grape Tomatoes	French Fries  Grape Tomatoes	Steamed Broccoli  Zucchini Coins	Local Roasted Root Vegetables  Zucchini Coins	Steamed Carrots  Zucchini Coins
	<u>Available Daily:</u> Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

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Springfield Modified Middle Schools  
Week of October 30 – November 3

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday
ENTRÉE	Smokehouse Chili with Corn Muffin	Chicken Bowl with Local Mashed Potatoes, Corn & Dinner Roll	Buffalo Chicken Meatball Sub	Mac & Cheese	Classic Beef Nachos
PIZZA/ GRILL	Cheese Pizza Pepperoni Pizza	Corn Dog Pepperoni Calzone	Cheese Pizza Pepperoni Pizza	Spicy Chicken Patty Pepperoni Calzone	Cheese Pizza Pepperoni Pizza
FAST TAKES	Chef Salad with Roll Hummus Bento Box with Roll Turkey Ham & Cheese on Kaiser Sunbutter & Jelly Sandwich				
SIDES	Steamed Green Beans Cauliflower Florets	Steamed Corn Cauliflower Florets	Mashed Sweet Potatoes Cauliflower Florets	Steamed Broccoli Carrot Sticks	Black Bean Salad Carrot Sticks
	<u>Available Daily:</u> Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

Week of November 6 – 10

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday
ENTRÉE	Sweet & Sour Chicken with Fried Rice	Corn Dog with French Fries	Pernil al Horno (Roast Pork) with Seasoned Rice	Creamy Penne Alfredo	NO SCHOOL
PIZZA/ GRILL	Cheese Pizza Pepperoni Pizza	Cheeseburger Sloppy Joe Calzone	Cheese Pizza Pepperoni Pizza	Chicken Patty Sloppy Joe Calzone	
FAST TAKES	Crispy Chicken Salad with Roll Garden Salad with Roll Turkey & Cheese on Kaiser Sunbutter & Jelly Sandwich				
SIDES	Steamed Peas Grape Tomatoes	French Fries Grape Tomatoes	Habichuelas Zucchini Coins	Steamed Broccoli Grape Tomatoes	
	<u>Available Daily:</u> Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

**Springfield Modified Middle Schools  
Week of November 27 – December 3**

<b>STATION NAMES</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>ENTRÉE</b>	Smokehouse Chili with Corn Muffin	Chicken Bowl with Local Mashed Potatoes, Corn & Dinner Roll	Buffalo Chicken Meatball Sub	Mac & Cheese	Classic Beef Nachos
<b>PIZZA/GRILL</b>	Cheese Pizza Pepperoni Pizza	Corn Dog Pepperoni Calzone	Cheese Pizza Pepperoni Pizza	Spicy Chicken Patty Pepperoni Calzone	Cheese Pizza Pepperoni Pizza
<b>FAST TAKES</b>	<b>Chef Salad with Roll</b> <b>Hummus Bento Box with Roll</b> <b>Turkey Ham &amp; Cheese on Kaiser</b> <b>Sunbutter &amp; Jelly Sandwich</b>				
<b>SIDES</b>	French Fries Steamed Cauliflower	Steamed Corn Cauliflower Florets	Mashed Sweet Potatoes Cauliflower Florets	Steamed Broccoli Carrot Sticks	Black Bean Salad Carrot Sticks
	<u>Available Daily:</u> <b>Assorted Fresh Fruit</b> <b>Fat Free Chocolate, 1% White or Fat Free White Milk</b>				

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**SPRINGFIELD PUBLIC SCHOOLS  
SECONDARY BIC  
NOVEMBER 2023**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
10/30	10/31	11/1	11/2	11/3
Spiced Apple Muffin  OR Assorted Cereal  Cinnamon Goldfish Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Local Everything Bagel with Cream Cheese or Jelly OR Assorted Cereal  Local Granola Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Banana Chocolate Chip Muffin  OR Assorted Cereal  String Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Chorizo, Potato & Cheese Pocket  OR Assorted Cereal  Vanilla Goldfish Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Sausage & Cheese Maple Waffle Flatbread  OR Assorted Cereal  Lemon Blueberry Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
11/6	11/7	11/8	11/9	11/10
Blueberry Muffin  OR Assorted Cereal  Cinnamon Goldfish Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Breakfast Breaks: Assorted Cereal, Cracker & Juice  Strawberry Cup 1% or Fat Free Milk	French Toast Sticks with Syrup OR Assorted Cereal  Lemon Blueberry Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Egg & Cheese English Muffin OR Assorted Cereal  Vanilla Goldfish Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	NO SCHOOL
11/13	11/14	11/15	11/16	11/17
Doughnut Muffin  OR Assorted Cereal  Cinnamon Goldfish Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Danimals Yogurt  OR Assorted Cereal  Local Granola Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Cranberry Orange Muffin OR Assorted Cereal  String Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Pizza Bagel with Home Fries OR Assorted Cereal  Lemon Blueberry Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Bacon, Potato, Egg & Cheese Pocket OR Assorted Cereal  Vanilla Goldfish Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
11/20	11/21	11/22	11/23	11/24
Pumpkin Spice Muffin  OR Assorted Cereal  Cinnamon Goldfish Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Local Bagel with Cream Cheese or Jelly (Chef's Choice) OR Assorted Cereal  Local Granola Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Assorted Cereal  Cinnamon Goldfish Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	NO SCHOOL	NO SCHOOL
11/27	11/28	11/29	11/30	12/1
Breakfast Breaks: Assorted Cereal, Cracker & Juice  Strawberry Cup 1% or Fat Free Milk	Local Everything Bagel with Cream Cheese or Jelly OR Assorted Cereal  Local Granola Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Banana Chocolate Chip Muffin  OR Assorted Cereal  String Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Chorizo, Potato & Cheese Pocket  OR Assorted Cereal  Vanilla Goldfish Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Sausage & Cheese Maple Waffle Flatbread  OR Assorted Cereal  Lemon Blueberry Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
<b>PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES</b>		<b>Menu items are subject to change</b>		

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<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
10/30	10/31	11/1	11/2	11/3
Spiced Apple Muffin  OR Assorted Cereal  Cinnamon Goldfish Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Local Everything Bagel with Cream Cheese or Jelly OR Assorted Cereal  Local Granola Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Banana Chocolate Chip Muffin  OR Assorted Cereal  String Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Chorizo, Potato & Cheese Pocket  OR Assorted Cereal  Vanilla Goldfish Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Sausage & Cheese Maple Waffle Flatbread  OR Assorted Cereal  Lemon Blueberry Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
11/6	11/7	11/8	11/9	11/10
Blueberry Muffin  OR Assorted Cereal  Cinnamon Goldfish Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Breakfast Breaks: Assorted Cereal, Cracker & Juice  Strawberry Cup 1% or Fat Free Milk	French Toast Sticks with Syrup OR Assorted Cereal  Lemon Blueberry Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Egg & Cheese English Muffin OR Assorted Cereal  Vanilla Goldfish Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	NO SCHOOL
11/13	11/14	11/15	11/16	11/17
Doughnut Muffin  OR Assorted Cereal  Cinnamon Goldfish Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Danimals Yogurt  OR Assorted Cereal  Local Granola Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Cranberry Orange Muffin OR Assorted Cereal  String Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Pizza Bagel with Home Fries OR Assorted Cereal  Lemon Blueberry Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Bacon, Potato, Egg & Cheese Pocket OR Assorted Cereal  Vanilla Goldfish Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
11/20	11/21	11/22	11/23	11/24
Pumpkin Spice Muffin  OR Assorted Cereal  Cinnamon Goldfish Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Local Bagel with Cream Cheese or Jelly (Chef's Choice) OR Assorted Cereal  Local Granola Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Assorted Cereal  Cinnamon Goldfish Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	NO SCHOOL	NO SCHOOL
11/27	11/28	11/29	11/30	12/1
Breakfast Breaks: Assorted Cereal, Cracker & Juice  Strawberry Cup 1% or Fat Free Milk	Local Everything Bagel with Cream Cheese or Jelly OR Assorted Cereal  Local Granola Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Banana Chocolate Chip Muffin  OR Assorted Cereal  String Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Chorizo, Potato & Cheese Pocket  OR Assorted Cereal  Vanilla Goldfish Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Sausage & Cheese Maple Waffle Flatbread  OR Assorted Cereal  Lemon Blueberry Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk

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**Menu items are subject to change**

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**Springfield Modified Middle Schools  
Week of October 30 – November 3**

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday
ENTRÉE	Smokehouse Chili with Corn Muffin	Chicken Bowl with Local Mashed Potatoes, Corn & Dinner Roll	Buffalo Chicken Meatball Sub	Mac & Cheese	Classic Beef Nachos
PIZZA/ GRILL	Cheese Pizza Pepperoni Pizza	Corn Dog Pepperoni Calzone	Cheese Pizza Pepperoni Pizza	Spicy Chicken Patty Pepperoni Calzone	Cheese Pizza Pepperoni Pizza
FAST TAKES	Chef Salad with Roll Hummus Bento Box with Roll Turkey Ham & Cheese on Kaiser Sunbutter & Jelly Sandwich				
SIDES	Steamed Green Beans Cauliflower Florets	Steamed Corn Cauliflower Florets	Mashed Sweet Potatoes Cauliflower Florets	Steamed Broccoli Carrot Sticks	Black Bean Salad Carrot Sticks
	<u>Available Daily:</u> Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

**Week of November.6 – 10**

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday
ENTRÉE	Sweet & Sour Chicken with Fried Rice	Corn Dog with French Fries	Pernil al Horno (Roast Pork) with Seasoned Rice	Creamy Penne Alfredo	NO SCHOOL
PIZZA/ GRILL	Cheese Pizza Pepperoni Pizza	Cheeseburger Sloppy Joe Calzone	Cheese Pizza Pepperoni Pizza	Chicken Patty Sloppy Joe Calzone	
FAST TAKES	Crispy Chicken Salad with Roll Garden Salad with Roll Turkey & Cheese on Kaiser Sunbutter & Jelly Sandwich				
SIDES	Steamed Peas Grape Tomatoes	French Fries Grape Tomatoes	Habichuelas Zucchini Coins	Steamed Broccoli Grape Tomatoes	
	<u>Available Daily:</u> Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				



Springfield Modified Middle Schools  
Week of November 13 – 17

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday
ENTRÉE	Teriyaki Chicken over Fried Rice	Breakfast for Lunch with Chicken Sausage	Taco Salad with Seasoned Rice & Fresh Pico de Gallo	Roast Turkey with Gravy, Stuffing, Cranberry Sauce & Dinner Roll	Pork Bahn Mi with Sriracha Mayo & Spicy Slaw
PIZZA/GRILL	Cheese Pizza Pepperoni Pizza	Corn Dog Pepperoni Calzone	Cheese Pizza Pepperoni Pizza	Spicy Chicken Patty Pepperoni Calzone	Cheese Pizza Pepperoni Pizza
FAST TAKES	Buffalo Chicken Salad with Roll Hummus Bento Box with Roll Italian on Kaiser Sunbutter & Jelly Sandwich				
SIDES	Steamed Carrots Zucchini Coins	Tater Tots Carrot Sticks	Steamed Cauliflower Black Bean Salad	Local Mashed Potatoes Zucchini Coins	Steamed Broccoli Carrot Sticks
	<u>Available Daily:</u> Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

Week of November 20 – 24

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday
ENTRÉE	Tomato Soup with Grilled Cheese	Chicken Nuggets with BBQ Sauce & Dinner Roll	Bagged Lunch	NO SCHOOL	NO SCHOOL
PIZZA	Cheese Pizza Pepperoni Pizza				
FAST TAKES	Garden Salad with Roll Sunbutter & Jelly Sandwich				
SIDES	Baked Beans Grape Tomatoes	French Fries Grape Tomatoes			
	<u>Available Daily:</u> Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

**Springfield Modified Middle Schools  
Week of November 27 – December 3**

<b>STATION NAMES</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>ENTRÉE</b>	Smokehouse Chili with Corn Muffin	Chicken Bowl with Local Mashed Potatoes, Corn & Dinner Roll	Buffalo Chicken Meatball Sub	Mac & Cheese	Classic Beef Nachos
<b>PIZZA/ GRILL</b>	Cheese Pizza Pepperoni Pizza	Corn Dog Pepperoni Calzone	Cheese Pizza Pepperoni Pizza	Spicy Chicken Patty Pepperoni Calzone	Cheese Pizza Pepperoni Pizza
<b>FAST TAKES</b>	<b>Chef Salad with Roll</b> <b>Hummus Bento Box with Roll</b> <b>Turkey Ham &amp; Cheese on Kaiser</b> <b>Sunbutter &amp; Jelly Sandwich</b>				
<b>SIDES</b>	French Fries Steamed Cauliflower	Steamed Corn Cauliflower Florets	Mashed Sweet Potatoes Cauliflower Florets	Steamed Broccoli Carrot Sticks	Black Bean Salad Carrot Sticks
	<u>Available Daily:</u> <b>Assorted Fresh Fruit</b> <b>Fat Free Chocolate, 1% White or Fat Free White Milk</b>				

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Springfield Modified Middle Schools  
Week of November 27 – December 3

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday
ENTRÉE	Smokehouse Chili with Corn Muffin	Chicken Bowl with Local Mashed Potatoes, Corn & Dinner Roll	Buffalo Chicken Meatball Sub	Mac & Cheese	Classic Beef Nachos
PIZZA/ GRILL	Cheese Pizza Pepperoni Pizza	Corn Dog Pepperoni Calzone	Cheese Pizza Pepperoni Pizza	Spicy Chicken Patty Pepperoni Calzone	Cheese Pizza Pepperoni Pizza
FAST TAKES	Chef Salad with Roll Hummus Bento Box with Roll Turkey Ham & Cheese on Kaiser Sunbutter & Jelly Sandwich				
SIDES	French Fries Steamed Cauliflower	Steamed Corn Cauliflower Florets	Mashed Sweet Potatoes Cauliflower Florets	Steamed Broccoli Carrot Sticks	Black Bean Salad Carrot Sticks
	<u>Available Daily:</u> Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

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